



# WORD *of* MOUTH

A Dental Health Newsletter for the Patients of Dr. Jack Bottner

It's about a year since it started! The COVID-19 virus is not only still around but modifying itself into variants that are even more contagious. However, it looks like the many infection protocols we put in place at our office seem to be working very well and will remain for a long time. We are open for your dental care and look forward to seeing you!

My son Aaron and his wife are enjoying their little daughter who is quite active and talking up a storm. Aaron is exploring setting up his own Orthodontic practise in Ottawa while he currently works for several offices. My son Daniel is with me at White Oaks. He has settled in nicely for the last 3 years while getting to know many of you. My daughter Leah is in the middle of her 3-year program at the University of Toronto specializing in Pediatric Dentistry. Her program involves dental treatment for children at the Toronto Sick Kids hospital as well.

Dental Continuing Education is all online. Except for the hands-on courses not available at this time, the variety of dental webinars from all over the world is good. We will keep accessing these webinars on a regular basis. You never stop learning and improving is true for everyone. Aside from attending webinars, I am lecturing occasionally to some of the Western University Dental students on Zoom. Topics I discuss include COVID-19 changes in our office and root canal treatment (which I have taught at Western for about the last 10 years).

My wife and I have explored on foot many areas of our fair city London. I also bike ride with a friend along our many trails weather permitting. The exercise is much needed, for all of us, during these stay-at-home days.

Call us if you have any questions, especially related to the COVID-19 virus.

I look forward to providing dental care for you for many years to come.

All the best!

Sincerely,  
Jack Bottner



*Granddaughter Maya*



Visit us online for more information  
**DrJackBottner.com**

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Evening appointments available.



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**New and Previous Patients Always Welcome and Appreciated**

# DENTAL IMPLANTS



Dental implants are a popular and effective way to replace missing teeth and are designed to blend in with your other teeth. They are an excellent long-term option for restoring your smile. In fact, the development and use of implants is one of the biggest advances in dentistry in the past 40 years. Dental implants are made up of titanium and other materials that are compatible with the human body. They are posts that are surgically placed in the upper or lower jaw, where they function as a sturdy anchor for replacement teeth. What makes an implant so strong is that the bone actually grows around it and holds it in place.

For a single tooth implant, your dentist will customize a new tooth for you, called a dental crown. The crown will be based on size, shape, color and fit, and will be designed to blend in with your other teeth. If you are replacing more than a single tooth, custom-made bridges or dentures will be made to fit your mouth and your implants.

If you are interested in dental implants, it's a good idea to discuss it carefully with your dentist first. If you are in good general health this treatment may be an option for you. In fact, your health is more of a factor than your age.

