



Summer/Fall 2022

WORD *of* MOUTH

A Dental Health Newsletter for the Patients of Dr. Jack Bottner

Throughout this summer and fall, many of us have been more active than since Covid began. Hopefully you are enjoying your time with family and friends, despite the lingering concerns (inflated costs, Covid still with us, and a labour shortage to name a few). My wife, Michelle, and I are spending time with our 3 children and spouses or significant other, and 2 grandchildren when we can.

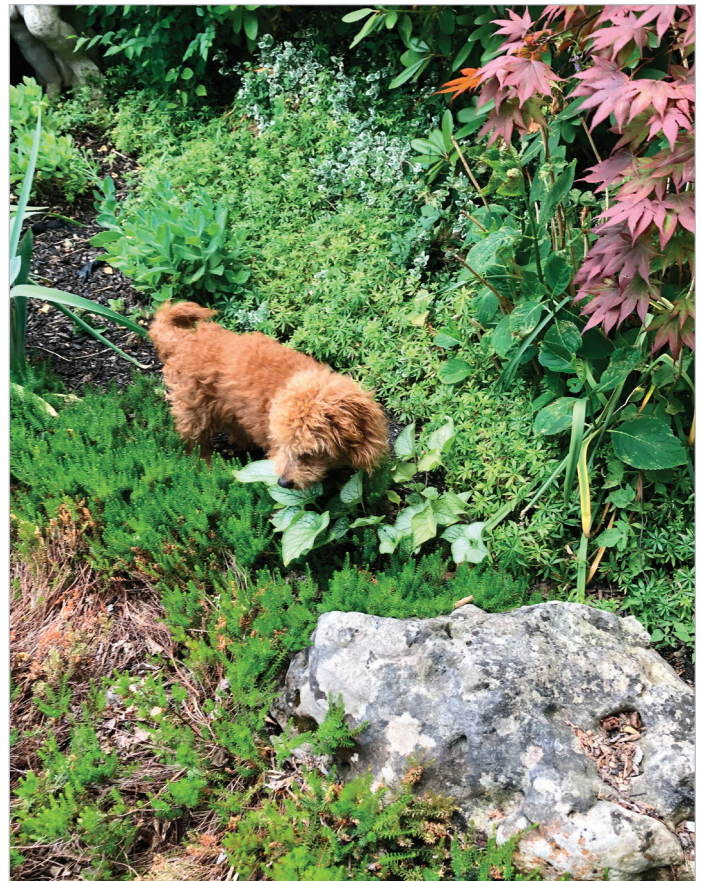
The London Food Bank has been on my concern list more than ever. We all know the price of food has skyrocketed and people of limited means are struggling. In addition to my own contributions, I am asking my London and District Dental Society for some help, and perhaps you can contribute too. Going hungry is not an option (as you can tell, I am very sensitive about this topic).

Although I am not currently teaching at Western's Dental School, as I did for 18 years, I continue to take many dental courses on a very regular basis. In addition, I am now a Western University student enrolled in Social Sciences and have audited courses on the Solar System and on World Politics. Interesting and fun!

My son Aaron recently purchased an Orthodontics practice in Ottawa and is already quite busy. Daniel works with me at White Oaks as many of you know, and my daughter Leah just finished her 3-year program in Pediatric Dentistry at the University of Toronto. My wife Michelle works with administration at White Oaks Mall Dental Clinic. After 43 years of marriage, we are still going strong (don't know how she does it).

My son Daniel and I truly want to thank you for your support of our dental practices at White Oaks. We try to give back by providing good care and genuine interest in your dental health. We are always available to discuss our dental fees if needed.

Best regards,
Jack



Our Granddog Herschel



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New and Previous Patients Always Welcome and Appreciated



CROWNS AND BRIDGES

A Crown is a cover, made of a hard material, for a tooth that has a concern. Different Crown types include the use of Gold, Non-Precious Metals, Porcelain, Porcelain Fused to Metal, Zirconia, Acrylic and Stainless Steel (the latter usually for children's teeth). A Crown is considered for tooth protection and preservation especially when a tooth has a large filling, and the limited remaining tooth structure may get weak and fracture over time. Crowns and especially Veneers are also used for cosmetic enhancement. Veneers mostly cover the areas of a tooth that show when you smile or talk.

A Bridge most of the time has more than one crown and extends or spans over an area of a missing tooth/teeth. The bridge helps improve chewing, protect the tooth/teeth if they are weak, can improve the cosmetic appearance, and maintains better position of the teeth overall for a better bite.

We recommend Crowns and Bridges when they are an option, but other reasonable possibilities are also discussed with you.

The picture above shows a bridge which has 2 crowns and a pontic (the part that goes over the missing tooth.)

